

## MORE THAN ENERGY SUPPORT WITH ENERGY GO STIX®\*

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In general, human beings follow a set routine. For many, the morning involves grabbing a cup of coffee to feel awake and ready to start the day. Wouldn't it be better to grab a more modern and multifaceted energy product, one that would provide multiple health benefits, along with that morning energy?

Energy Go Stix is the perfect answer for those busy days when you search for extra energy, stamina, mental alertness, and a healthy mood.\*

The number one health complaint in the United States is a lack of energy and fatigue. Americans spend over \$5 billion a year on various energy products.<sup>1</sup> Clearly, there is a high demand for healthy and effective supplements in this category.

The energy boost provided by Energy Go Stix comes from the highest quality ingredients gathered from around the world—ingredients like green tea, yerba mate, maca, guarana, *Rhodiola rosea*, and three forms of ginseng. These powerfully active substances have been used for centuries and won't leave you with jitters or an unpleasant energy crash.\*

Energy Go Stix® also contains Siberian ginseng, or eleuthero, which is a completely different plant from both Korean and American ginseng and includes different active components. Korean ginseng includes 38 active ginsenosides that support almost every system of your body.² Plus, Energy Go Stix offers 4Life Transfer Factor® for optimal immune system support.\*

Energy Go Stix contains 0 g of sugar per serving and comes in four delicious flavors: Orange Citrus, Berry, Pink Lemonade, and Tropical. The ready-to-mix packets make Energy Go Stix convenient and easy to use. Just mix the powder with 8 oz of water and you're ready to go!

If you want to be creative, blend Energy Go Stix with watermelon juice, mango juice, and a few mint leaves to make a delicious drink. You could even make Energy Go Stix-infused ice cubes or popsicles using different flavors. There are many great ways to share this product with others.

Energy Go Stix offers a great combination of ingredients to improve energy and stamina, support memory, alertness, and mood, and promote immune system function.\*

## **Learn More**

- 1. "Americans Spend \$5 Billion+ Annually on Coffee, Soft Drinks, Energy Drinks to 'Compensate' for Poor Sleep." Sleep Review. http://www.sleepreviewmag.com/2016/03/americans-spend-5-billion-annually-coffee-soft-drinks-energy-drinks-compensate-poor-sleep. (Accessed September 15, 2017)
- 2. Sergiy Oliynyk and Seikwan Oh. Actoprotective Effect of Ginseng: Improving Mental and Physical Performance. Journal of Ginseng Research. 2013 Apr; 37(2): 144-166.

