



3 WAYS TO RAISE YOUR IMMUNE I.Q.^{®*}

WHAT DOES IT MEAN TO RAISE YOUR IMMUNE I.Q.?

Well, it means making it wise. You need a wise and properly balanced immune system so it knows when to fight health threats, how intensely to fight, and when to stop fighting. Knowledge is power! It's important that your immune system is well-balanced and well-educated, so it can support your best state of health and well-being. Transfer factor molecules transfer immune wisdom from nature directly to you! In other words, they work with your body in an optimum way to fight potential health threats.*

4Life Transfer Factor[®] products utilize transfer factors extracted from cow colostrum and chicken egg yolks. There are several differences in the transfer factors from these two sources. While calves have access to their mothers for several months after birth, chicks must get all of their immune system education on the first day. Transfer factors from cow colostrum cover a broad range of protection, but are less concentrated. Transfer factors from chicken egg yolks are highly concentrated, but for a more limited and risky subset of potential threats. The protection provided by transfer factors from cow colostrum gives you greater breadth, while those from chicken egg yolks provide greater depth.*

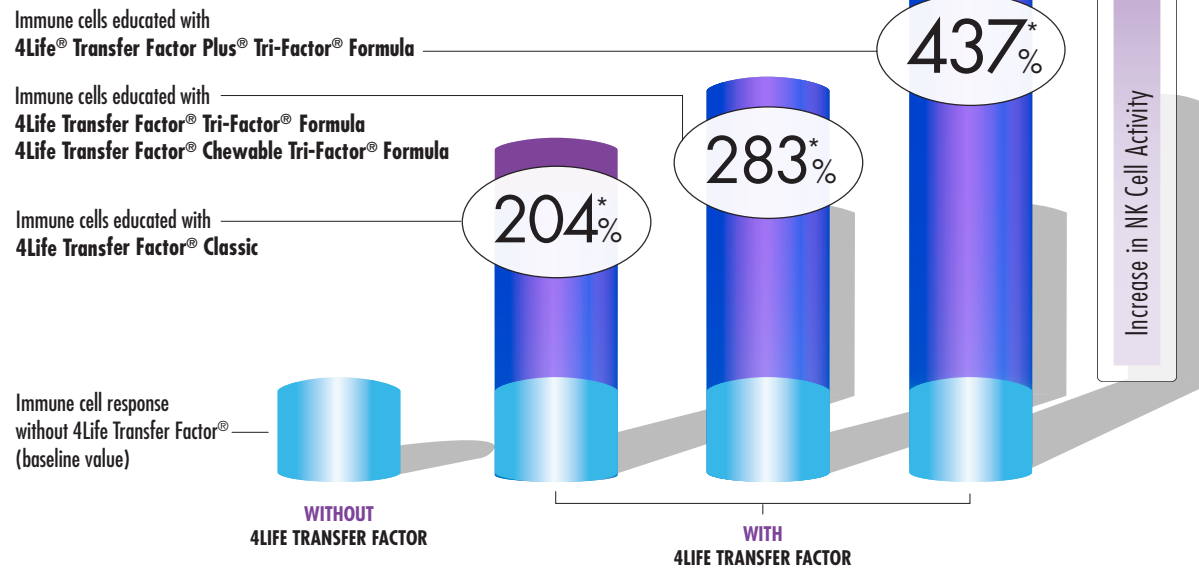
RAMP UP — 4Life Transfer Factor[®] Classic is a great way to ramp up your immune system at its foundational level. This product features UltraFactor XF[®], a concentrate of transfer factor molecules derived from cow colostrum. These immune messenger molecules support the immune system's ability to more effectively recognize, respond to, and remember potential health threats. 4Life Transfer Factor Classic boosts natural killer (NK) cell activity by up to 204%.*⁺

AMP UP — 4Life Transfer Factor[®] Tri-Factor[®] Formula includes transfer factors from chicken egg yolks and cow colostrum, plus nanofraction molecules. Nanofraction molecules are small compounds that assist communication between immune cells to amp up immune system efficiency. Independent research has shown that 4Life Transfer Factor Tri-Factor Formula increases natural killer (NK) cell activity by as much as 283%.⁺ Add to that the benefits of sourcing transfer factors from two separate sources, and you will be on your way to enjoying health and wellness with an immune system that's much wiser.*

BLAST OFF — 4Life[®] Transfer Factor Plus[®] Tri-Factor[®] Formula is 4Life's highest level of immune system support. It also includes Tri-Factor Formula to educate immune cells so that they can quickly recognize, respond to, and remember potential health threats. Plus, it offers Cordyvant[™], a blend of highly potent ingredients that nourish healthy innate immune system function. 4Life Transfer Factor Plus Tri-Factor Formula increases natural killer (NK) cell activity by up to 437%.⁺ That's like rocket fuel for your immune system!*

4Life Transfer Factor® Products

Increase Natural Killer (NK) Cell Activity



*Indicates the percentage increase above the baseline value

*Test results obtained from an independent, unpublished *in vitro* experiment conducted at the Russian Academy of Medical Sciences, in Kashirskoe Shosse, Russia. The randomized and controlled *in vitro* study assessed the effects of 4Life Transfer Factor® Classic, 4Life Transfer Factor® Tri-Factor® Formula, or 4Life® Transfer Factor Plus® Tri-Factor® Formula, versus a positive control (Interleukin-2, or IL2) on NK cell activity and effectiveness in destroying damaging cells. Blood was collected from healthy volunteers and then incubated for up to 48 hours. (REFERENCE: Kisiulevsky MV & Khalturina EO. Unpublished observations)

4Life Transfer Factor products in the PDR

For 13 years, 4Life Transfer Factor products have appeared in the *Physicians' Desk Reference*. This prestigious publication is distributed to thousands of medical professionals throughout the United States and is considered one of the most respected sources of reference information for medical professionals.



Lifestyle tips to support your immune system

Adopting healthy lifestyle habits can support your immune system and create an optimum environment for 4Life Transfer Factor products to provide their best education.*

1. Exercise, get plenty of rest, eat high-fiber grains, protein, fruits, vegetables, and foods that are low in saturated fats, and reduce your sugar intake.
2. Meditate for 15 minutes each day.
3. Manage your stress levels.
4. Periodically cleanse your digestive system.
5. Eliminate or cut down on smoking.
6. Get plenty of vitamins C, D, and E in your diet.
7. Enjoy plenty of time outdoors with a moderate amount of sunlight.
8. Wash your hands correctly and often.
9. Keep your weight at a healthy level.
10. Drink plenty of water.
11. Take probiotics, especially after consuming any antibiotics.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.